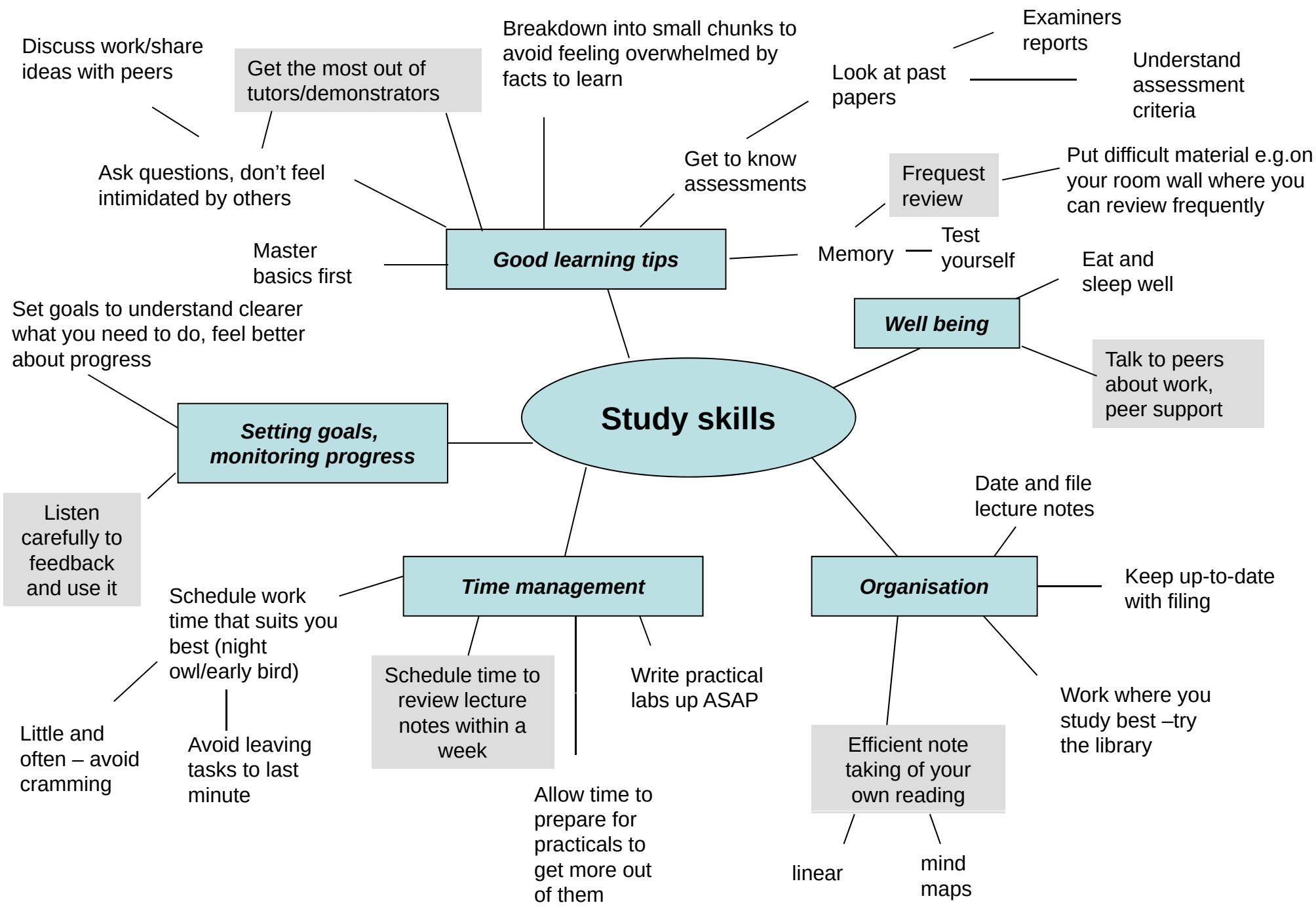
Study skills
Good learning tips
Discuss work/share ideas with peers
Get the most out of tutors/demonstrators
Breakdown into small chunks to avoid feeling overwhelmed by facts to learn
Look at past papers
Examiners reports
Understand assessment criteria
Ask questions, don't feel intimidated by others
Get to know assessments
Frequest review
Put difficult material e.g.on your room wall where you can review frequently
Master basics first
Memory
Test yourself
Well being
Eat and sleep well
Talk to peers about work, peer support
Setting goals, monitoring progress
Set goals to understand clearer what you need to do, feel better about progress
Listen carefully to feedback and use it
Time management
Schedule work time that suits you best (night owl/early bird)
Little and often – avoid cramming
Avoid leaving tasks to last minute
Schedule time to review lecture notes within a week
Allow time to prepare for practicals to get more out of them
Write practical labs up ASAP
Organisation
Date and file lecture notes
Keep up-to-date with filing
Work where you study best –try the library
Efficient note taking of your own reading
linear
mind maps