



# Vote Holly for Sports Rep!!

I'm Holly, first year Earth Scientist. I would love to be sports rep and think I could bring a lot to the role!

## Why vote for me?

I've always loved sports and getting involved. I play lots of sports, but my fave is hockey, (which I currently play for the university second team).

I've organised sports teams and sports events as captain of my school hockey team (for 5 years). I've also helped organise big events as a part of my school charity committee.

I am a trained peer mentor and as a result I'm aware of the importance of mental health. I know that physical activity is key for maintaining good mental health and think that getting people involved in college sport would help them to escape their Oxford workload for a bit.



## Aims + Ideas!

- 1) Keep up Anne's social sporting scene! Crewdates are key but also increasing the number of chilled socials would allow you to get to know more people who play sport at Anne's. Possibly run a sports night in the college bar once a term to really improve this!!
- 2) Boost college sport involvement. I want to make sure freshers feel welcome to join and are aware of what college sport involves. I would really like to produce a timetable or at least a document with the vague schedule of each college sport (and contact details for each captain) so that picking up a sport is as easy as possible. I think it is key to advertise college sports timetables and the gym at the start of each term. People's workloads and commitments change lots between terms and having a reminder of what's available would allow them to see what fits best throughout the year.
- 3) Gym updates! Multipress machine in gym is broken, layout could be improved to make more space and a leg press would be a valuable addition. The bike and treadmill in the cardio room could do with updating and the addition of rubber flooring would make the gym quieter (better for those people living in Trenaman).
- 4) Would love to help as many people get involved in uni level sport as possible. I understand the costs of getting involved in uni sport (Dread looking at my subs bill at the end of term more than looking at my bank account after a big Parkend). I think it needs to be clearer how much the college can support you financially and when they can provide this support. Hopefully a clearer statement of this would remove any doubts people have about joining.
- 5) I am very open to suggestions for any improvements to ensure college sport is as inclusive as possible. I think that running a google form for feedback at the end of each term would be a great addition to the system and allow for continued feedback and improvements throughout the year (not just at the end).

